

27th Annual Woodridge Cross Country

2012

Cuyahoga Valley National Park Cross Country Invitational

Date: Saturday, September 29th

Location:

Pine Hollow / Kendall Hills

Quick Road

Peninsula, Ohio

Race Schedule:

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|----------|--|
| 9:30 AM | Middle School Girls Team Race (5-10 Runners) |
| 10:00 AM | Middle School Boys OPEN |
| 10:30 AM | Middle School Girls OPEN |
| 11:00 AM | Middle School Boys Team Race (5-10 Runners) |
| 11:30 AM | Elementary 1000 Meter FUN RUN (FREE) |
| 12:00 PM | High School Boys JV (unlimited entries) |
| 12:30 PM | High School Girls Varsity (5-10 Runners) |
| 1:00 PM | High School Girls JV (unlimited entries) |
| 1:30 PM | High School Boys Varsity (5-10 Runners) |

Packet Pickup:

Coaches should pick up packets behind the concessions/restroom area.

Restrooms:

There will be portable restrooms available in addition to the facilities provided by the park. There are no changing areas.

Concessions & T-Shirts:

These items will be available at the meet. Shirts will be sold for \$12 and \$15 each for short/long sleeves.

Bus Parking:

Buses will be asked to drop off athletes at the course and will be directed to parking areas. Shuttle buses will run continuously from Woodridge High School starting at 8:00 AM(4440 Quick Road; Peninsula, OH 44264) to the course (about 2 miles each way). These shuttles are recommended for spectators as well!

Entries:

Entries will be managed through www.baumspage.com . Please note the deadline for registration on this site!

Awards:

Team:

- High School Varsity Races -
- High School Junior Varsity Races -
- Middle School Varsity Races -
- Middle School Open Races -

Trophies for Champions and Runners Up

Trophy for Champions

Trophies for 1st, 2nd, and 3rd place teams

Trophy for Champions

Individual:

- High School Varsity Races
- High School JV/Open Races
- Middle School Varsity Races
- Middle School Open Races
- Elementary Fun Run

Medals for places 1-10; Ribbons for places 11-20

Medals for places 1-10; Ribbons for places 11-30

Medals for places 1-20; Ribbons for places 21-40

Medals for places 1-10; Ribbons for places 11-40

Ribbons for ALL participants

Course Records:

High School (5000 meters)

- Michael Brajdic (Bay Village) 16:23.0 (2010)
- Bridgette Franek (Crestwood) 19:07.0 (2005)

Middle School (3200 meters)

- Donny Roys (Medina Claggett)
- Katie Radkewich (Hudson)

